Health Reform part 1

Health: the state of being free from illness or injury: he was restored to health | [as modifier] : a health risk.

a person’s mental or physical condition: bad health forced him to retire | a standard for measuring the financial health of a company figurative.

origin: Old English hǣlth, of Germanic origin; related to whole.

Genesis 43:28 (KJV) — 28 And they answered, Thy servant our father is in good health (*shalom*), he is yet alive. And they bowed down their heads, and made obeisance.

Psalm 42:11 (KJV) — 11 Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health (yeshuah) of my countenance, and my God.

Acts 27:34 (KJV) — 34 Wherefore I pray you to take some meat: for this is for your health (*sōtēria*): for there shall not an hair fall from the head of any of you.

3 John 2 (KJV) — 2 Beloved, I wish above all things that thou mayest prosper and be in health (*hugiainō*), even as thy soul prospereth.

REFORM = make changes in something, (typically a social, political, or economic institution or practice) in order to improve it: bring about a change in (someone) so that they no longer behave in an immoral, criminal, or self-destructive manner:

Often health reform is made *health deform* by the unpalatable preparation of food. The lack of knowledge regarding healthful cookery must be remedied before health reform is a success. MM 270.1

John 10:10 (KJV) — 10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

The light God has given on health reform is for our salvation and the salvation of the world.
RH November 12, 1901, par. 14

The work of health reform is the Lord's means for lessening suffering in our world and for purifying His church. 9T 112.4

The health reform is one branch of the great work which is to fit a people for the coming of the Lord. CTBH 9.1

Psalm 84:11 (KJV) — 11 For the LORD God is a sun and shield: the LORD will give grace and glory: no good thing will he withhold from them that walk uprightly.

The relation that exists between the mind and the body is very intimate. When one is affected, the other sympathizes. The condition of the mind affects the health to a far greater degree than many realize. Many of the diseases from which men suffer are the result of mental depression. Grief, anxiety, discontent, remorse, guilt, distrust, all tend to break down the life forces and to invite decay and death. MH 241.1

Romans 6:11 — Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord.

1 Thessalonians 5:23 — And the very God of peace sanctify you ***wholly***; and I pray God your whole spirit and *soul and body* be preserved blameless unto the coming of our Lord Jesus Christ.

Romans 12:1 (KJV) — 1 I beseech you therefore, brethren, by the mercies of God, that ye present your *bodies a living sacrifice*, holy, acceptable unto God, which is your reasonable service.

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John 3:16 (KJV) — 16 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

3 John 2 — Beloved, I wish *above all things* that thou mayest prosper and be in health, even as thy soul prospereth.

Deuteronomy 7:12 — 12 Wherefore it shall come to pass, if ye *hearken* to these judgments, and keep, and do them, that the LORD thy God shall keep unto thee the covenant and the mercy which he sware unto thy fathers:

Deuteronomy 7:13 — 13 And he will love thee, and bless thee, and multiply thee: he will also bless the fruit of thy womb, and the fruit of thy land, thy corn, and thy wine, and thine oil, the increase of thy kine, and the flocks of thy sheep, in the land which he sware unto thy fathers to give thee.

Deuteronomy 7:14 — 14 Thou shalt be blessed above all people: there shall not be male or female barren among you, or among your cattle.

Deuteronomy 7:15 — 15 And the LORD will take away from thee all sickness, and will put none of the evil diseases of Egypt, which thou knowest, upon thee; but will lay them upon all them that hate thee.

1 Corinthians 6:19–20 — 19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? 20 For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God’s.

1 Corinthians 10:31 — 31 Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.

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The health reform is as closely related to the third angel's message as the arm to the body; but the arm cannot take the place of the body. The proclamation of the third angel's message, the commandments of God and the testimony of Jesus, is the burden of our work. The message is to be proclaimed with a loud cry, and is to go to the whole world. The presentation of health principles must be united with this message, but must not in any case be independent of it, or in any way take the place of it. Letter 57, 1896 CD 75.1

The Lord has given His people a message in regard to health reform. This light has been shining upon their pathway for thirty years; and the Lord cannot sustain His servants in a course which will counteract it. He is displeased when His servants act in opposition to the message upon this point, which He has given them to give to others.

Can He be pleased when half the workers laboring in a place, teach that the principles of health reform are as closely allied with the third angel's message as the arm is to the body, while their co-workers, by their practice, teach principles that are entirely opposite? This is regarded as a sin in the sight of God.... CD 38.3

When properly conducted, the health work is an entering wedge, which will make an opening for other truths to find entrance to the heart. When the third angel's message is received in all its fulness, health reform will be given its place in the councils of the Conference, in the work of the church, in the home, at the table, and in all the household arrangements. Then the right arm will work to serve and protect the body. RH June 20, 1899, Art. A, par. 7