



Grow in

GRACE

through biblical meditation



↑
to use your iPod

- 1- turn "quest clock output" knob backward
- 2- place your iPod into dock
- 3- turn "quest clock output" knob forward until iPod fits snugly
- 4- Press "iPod" button to play your iPod

↑
to use alarm

- 1- press and hold "alarm set" button until it beeps, then press "set +/-" ahead to set desired volume; then
- 2- press "alarm set" button again to confirm.
- 3- Press "alarm on" button to enable features.
- 4- Press "alarm on" button to enable features.

note: you cannot use the iPod dock.

iHome
 1:34 PM
 iPod



Check these items in your bag!
Look for the B-LINE sign!

- ✓ Clear Glass Containers
- ✓ Plastic, Paper, Tin & Bamboo
- ✓ Soft, Synthetic and Real Fur
- ✓ Toys and Games
- ✓ Water Bottles (No Ice)

✗ Alcohol

✗ Aerosols, Gels, and Liquefied Gases

Mark 1:29–31 (KJV) — 29 And forthwith, when they were come out of the synagogue, they entered into the house of Simon and Andrew, with James and John. 30 But Simon's wife's mother lay sick of a fever, and anon they tell him of her. 31 And he came and took her by the hand, and lifted her up; and immediately the fever left her, and she ministered unto them.

Mark 1:32-34 (KJV) — 32 And at even, when the sun did set, they brought unto him all that were diseased, and them that were possessed with devils. 33 And all the city was gathered together at the door. 34 And he healed many that were sick of divers diseases, and cast out many devils; and suffered not the devils to speak, because they knew him.

Mark 1:35 (KJV) — 35 And in the morning, rising up a great while before day, he went out, and departed into a solitary place, and there prayed.

Luke 5:12–13 (KJV) — 12 And it came to pass, when he was in a certain city, behold a man full of leprosy: who seeing Jesus fell on his face, and besought him, saying, Lord, if thou wilt, thou canst make me clean. 13 And he put forth his hand, and touched him, saying, I will: be thou clean. And immediately the leprosy departed from him.

Luke 5:14-15 (KJV) — 14 And he charged him to tell no man: but go, and shew thyself to the priest, and offer for thy cleansing, according as Moses commanded, for a testimony unto them. 15 But so much the more went there a fame abroad of him: and great multitudes came together to hear, and to be healed by him of their infirmities.

Luke 5:16 (KJV) — 16 And he withdrew himself into the wilderness (ἔρημος), and prayed.

Joshua 1:8 (KJV) — 8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

Philippians 2:5 (KJV) — 5 Let this mind be in you, which was also in Christ Jesus:

Isaiah 26:3 (KJV) — 3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

**Meditation helps the mind understand
heaven's truth.**

Psalm 1:1–3 (KJV) — 1 Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. 2 But his delight is in the law of the LORD; and in his law doth he meditate day and night. 3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

Proverbs 23:7 (KJV) — 7 For as he thinketh in his heart, so is he: . . .

John 6:63 (KJV) — 63 It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.

1. To surround with a wall, ditch, palisades or other works, with a view to defend against the attacks of an enemy; to strengthen and secure by forts, batteries and other works of art; as, to fortify a city, town or harbor.

2. To strengthen against any attack; as, to fortify the mind against sudden calamity.

3. To confirm; to add strength and firmness to; as, to fortify an opinion or resolution; to fortify hope or desire.

(Noah Webster's 1828 Dictionary)

Hebrews 9:6 (KJV) — 6 Now when these things were thus ordained, the priests went always into the first tabernacle, accomplishing the service of God.

**Meditation Prepares Us to Stand in the
Investigative Judgment**

Psalm 119:11 (KJV) — 11 Thy word have I hid in mine heart, that I might not sin against thee.



Proverbs 20:1 (KJV) — 1 Wine is a mocker,
strong drink is raging: and whosoever is deceived
thereby is not wise.

Proverbs 1:10 (KJV) — 10 My son, if sinners
entice thee, consent thou not.

Leviticus 16:29 (KJV) — 29 And this shall be a statute for ever unto you: that in the seventh month, on the tenth day of the month, ye shall afflict your souls, and do no work at all, whether it be one of your own country, or a stranger that sojourneth among you:

Romans 12:1–2 (KJV) — 1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. 2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Hebrews 4:12 (KJV) — 12 For the word of God is quick,
and powerful, and sharper than any twoedged sword,
piercing even to the dividing asunder of soul and spirit,
and of the joints and marrow, and is a discerner of the
thoughts and intents of the heart.

Revelation 22:11 (KJV) — 11 He that is unjust, let him be unjust still: and he which is filthy, let him be filthy still: and he that is righteous, let him be righteous still: and he that is holy, let him be holy still.

Revelation 7:2–3 (KJV) — 2 And I saw another angel ascending from the east, having the seal of the living God: and he cried with a loud voice to the four angels, to whom it was given to hurt the earth and the sea,
3 Saying, Hurt not the earth, neither the sea, nor the trees, till we have sealed the servants of our God in their foreheads.

**Meditation Allows Christ to Write
His Law in the Heart**

Hebrews 8:10 (KJV) — 10 For this is the covenant that I will make with the house of Israel after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people:

2 Corinthians 3:18 (KJV) — 18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Job 22:21 (KJV) — 21 Acquaint now thyself with him,
and be at peace: thereby good shall come unto thee.

Genesis 24:63 (KJV) — 63 And Isaac went out to meditate in the field at the eventide: and he lifted up his eyes, and saw, and, behold, the camels were coming.

Psalm 46:10 (KJV) — 10 Be still, and know that I am
God: I will be exalted among the heathen, I will be
exalted in the earth.

Psalm 19:14 (KJV) — 14 Let the words of my mouth,
and the meditation of my heart, be acceptable in thy
sight, O LORD, my strength, and my redeemer.

