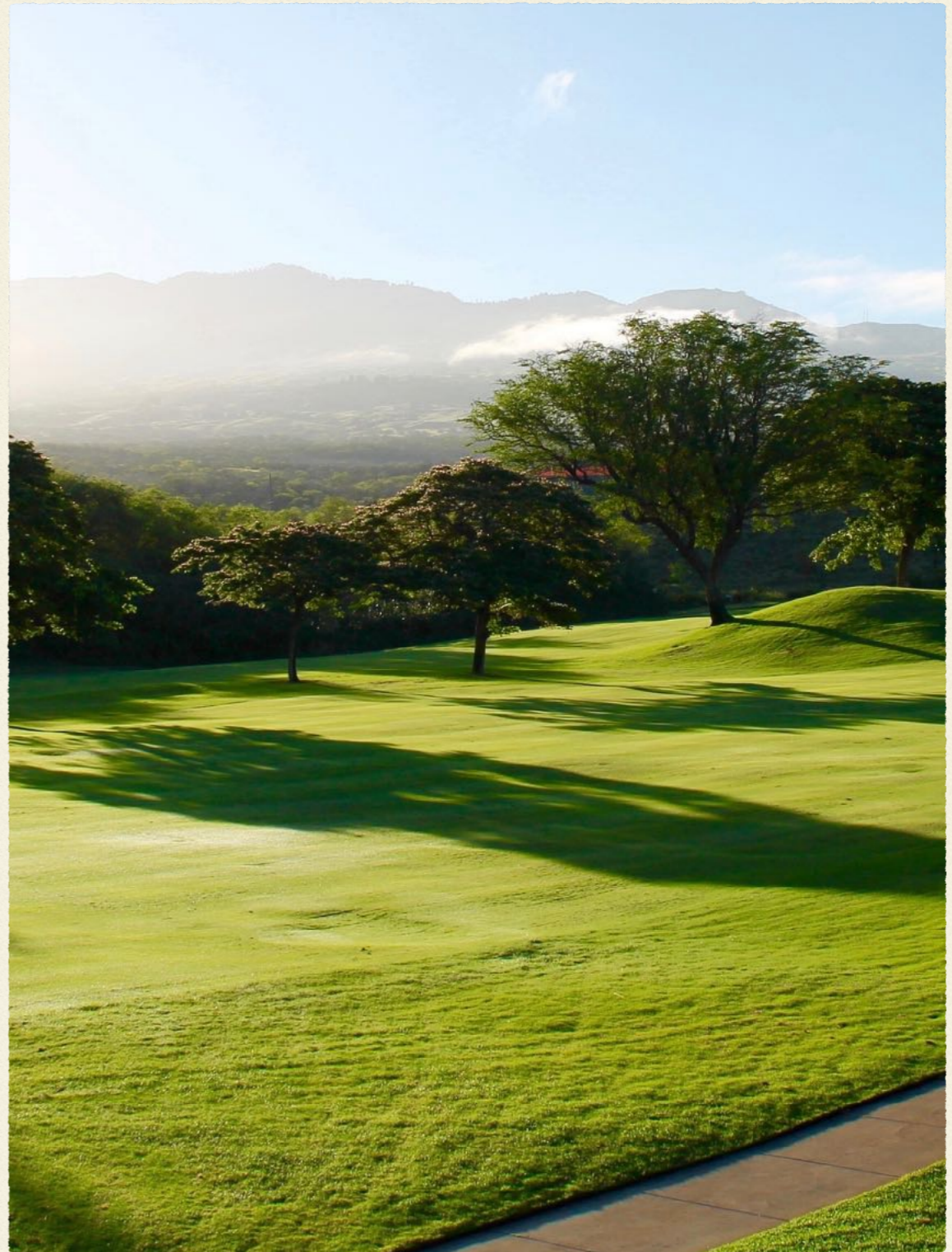




The Sabbath Day

What Happened on the Seventh Day of Creation Week?

Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God ended his work which he had made; and he **rested** on the seventh day from all his work which he had made. And God **blessed** the seventh day, and **sanctified** it: because that in it he had rested from all his work which God created and made. (Genesis 2:1-3)



Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But **the seventh day is the sabbath** of the LORD thy God: *in it* thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that *is* within thy gates: For *in* six days the LORD made heaven and earth, the sea, and all that in them *is*, and **rested** the seventh day: wherefore the LORD **blessed** the sabbath day, and **hallowed** it.
(Exodus 20:8-11)



In the beginning the Father and the Son had rested upon the Sabbath after Their work of creation. When “the heavens and the earth were finished, and all the host of them” (Genesis 2:1), the Creator and all heavenly beings rejoiced in contemplation of the glorious scene. “The morning stars sang together, and all the sons of God shouted for joy.” Job 38:7.

(DA 769.2)

The Sabbath was hallowed at the creation. As ordained for man, **it had its origin** when “the morning stars sang together, and all the sons of God shouted for joy.” Job 38:7. Peace brooded over the world; for earth was in harmony with heaven. “God saw everything that He had made, and, behold, it was very good;” and **He rested in the joy of His completed work.** Genesis 1:31. (*DA* 281.1)

And hallow my sabbaths;
and they shall be a sign
between me and you,
that ye may know that I
am the Lord your God.
(Ezekiel 20:20)



Thou shalt not commit adultery. (Exodus 20:14)

Adultery—*nā'ap*

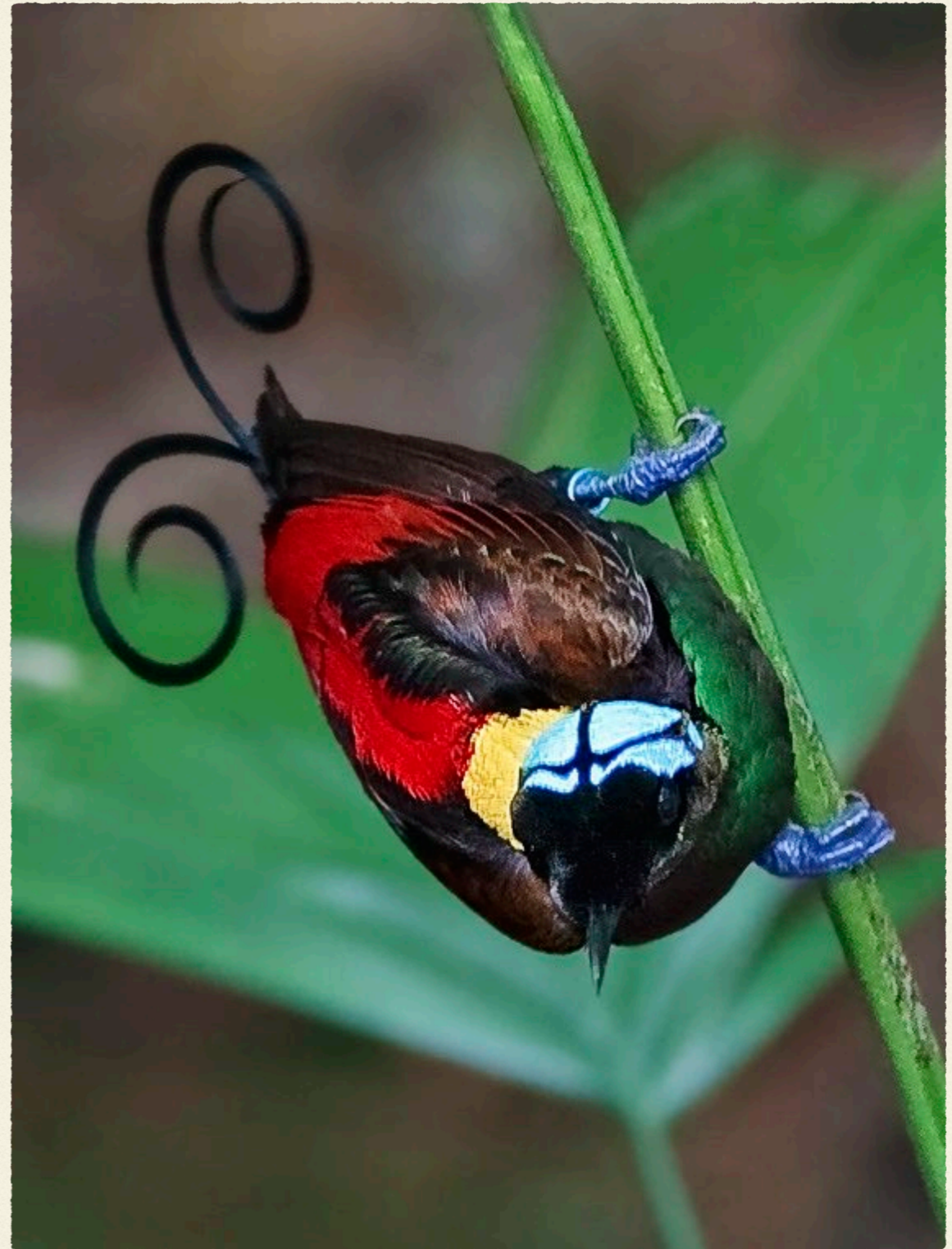
Idolatry—Jeremiah 3:9

And the Lord spake unto Moses, saying, speak thou also unto the children of Israel, saying, Verily my sabbaths ye shall keep: for it *is* a **sign** between me and you throughout your generations; that *ye* may know that I *am* the Lord that doth **sanctify** you. (Exodus 31:12-13)

- * God's memorial, the seventh-day Sabbath, the sign of His work in creating the world . . . 6T 265
- * When the Lord delivered His people Israel from Egypt and committed to them His law, He taught them that **by the observance of the Sabbath they were to be distinguished from idolaters**. It was this that made the distinction between those who acknowledge the sovereignty of God and those who refuse to accept Him as their Creator and King. (*CCh* 261.2)
- * The Sabbath is a sign of the relationship existing between God and His people, a sign that they honor His law. It distinguishes between His loyal subjects and transgressors. (*CCh* 261.3)
- * The Sabbath given to the world as the sign of God as the **Creator** is also the sign of Him as the **Sanctifier**. The power that created all things is the power that re-creates the soul in His own likeness. (*CCh* 261.4)

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. **All things were made by him;** and without him was not any thing made that was made.
(John 1:1-3)

For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether *they be* thrones, or dominions, or principalities, or powers: all things were created by him, and for him:
(Colossians 1:16)



Doug Janson

Hath in these last days spoken unto us by *his*
Son, whom he hath appointed heir of all
things, by whom also he made the worlds;
(Hebrews 1:2)

And to make all *men* see what *is* the
fellowship of the mystery, which from the
beginning of the world hath been hid in
God, who created all things by Jesus Christ:
(Ephesians 3:9)

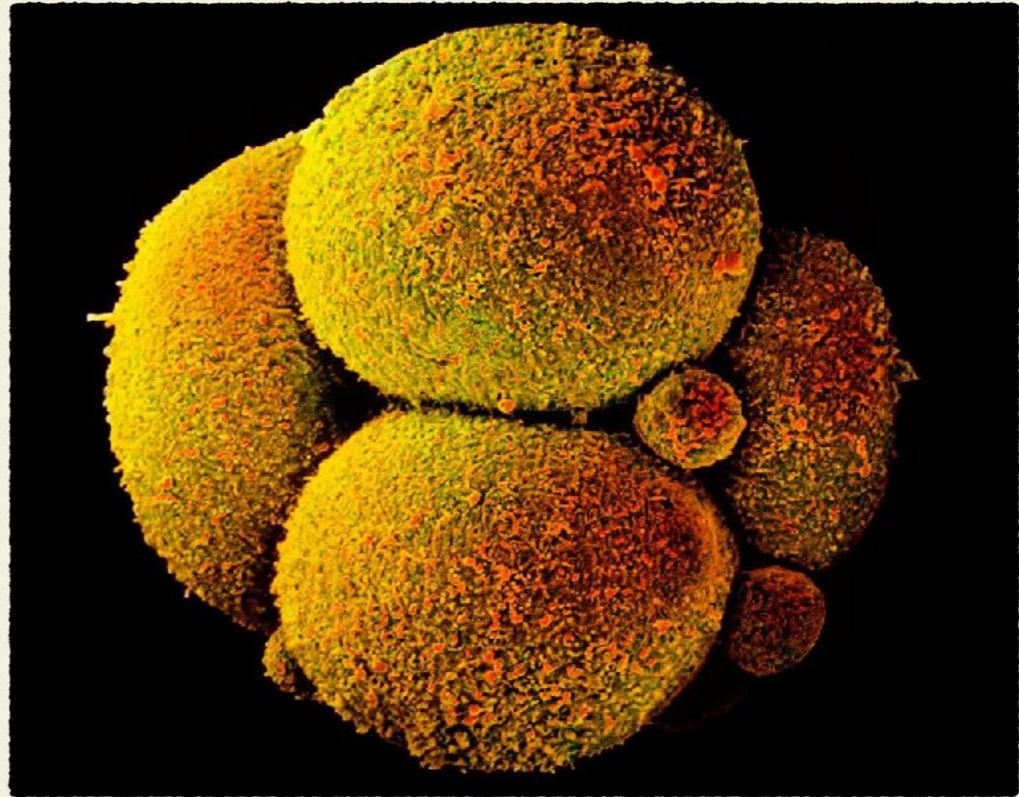
He hath made
his wonderful
works to be
remembered:
(Psalm III:4)



The heaven, *even* the
heavens, *are* the Lord's:
(Psalm 115:16)



O LORD, how
great are thy
works! *and* thy
thoughts are
very deep.
(Psalm 92:5)



Dr Yorgos Nikas/Science Photo Library



Genetic Literacy Project

The Sabbath calls our thoughts to nature, and brings us into communion with the Creator. In the song of the bird, the sighing of the trees, and the music of the sea, we still may hear His voice who talked with Adam in Eden in the cool of the day. And as we behold

His power in nature we find comfort, for the word that created all things is that which speaks life to the soul. He “who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ.”

2 Corinthians 4:6. (DA 281.4)



Matthew Paulson

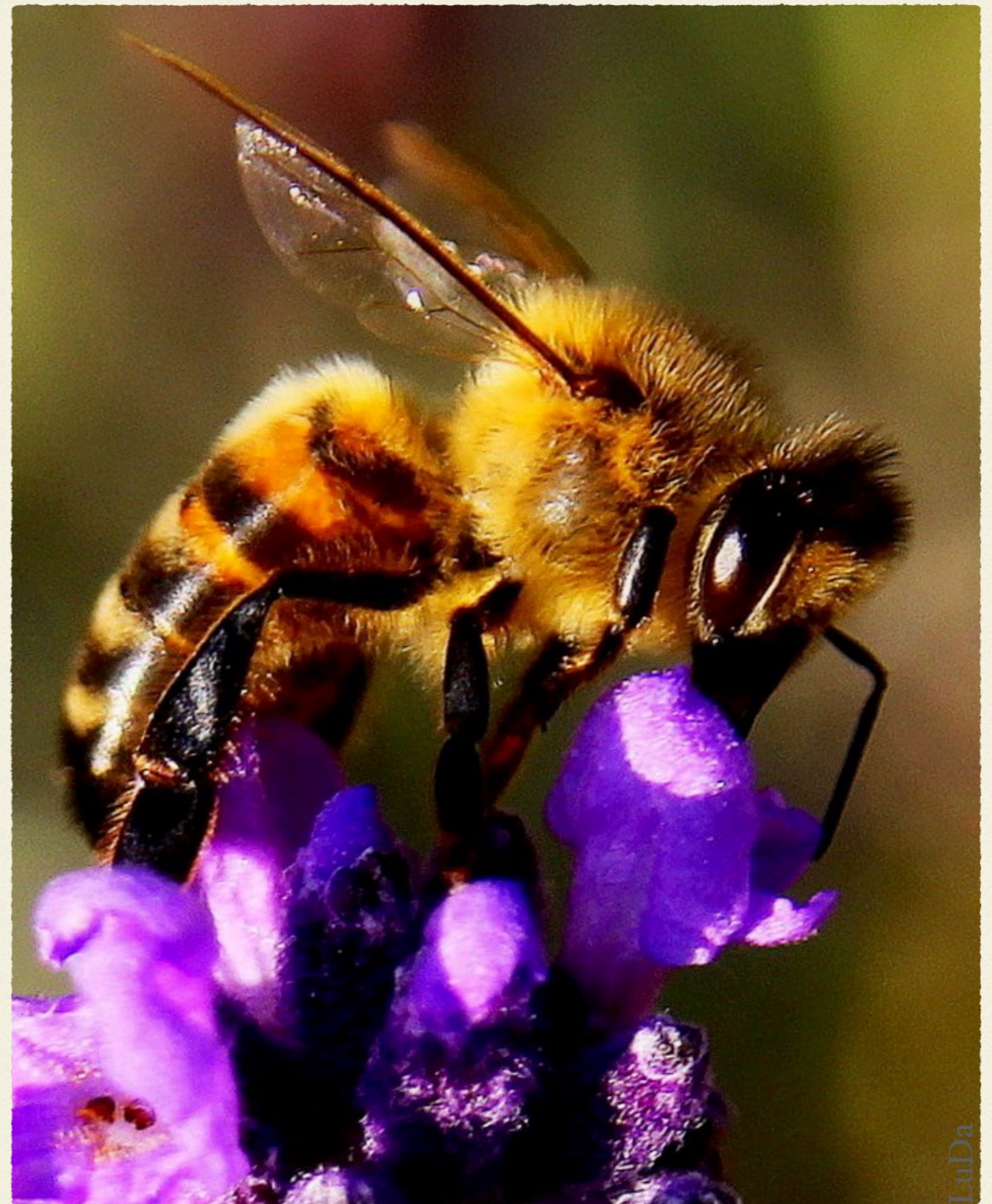
All things were created by the Son of God. “In the beginning was the Word, and the Word was with God.... All things were made by Him; and without Him was not anything made that was made.” John 1:1-3. And since the Sabbath is a memorial of the work of creation, it is a token of the love and power of Christ. (*DA* 281.3)



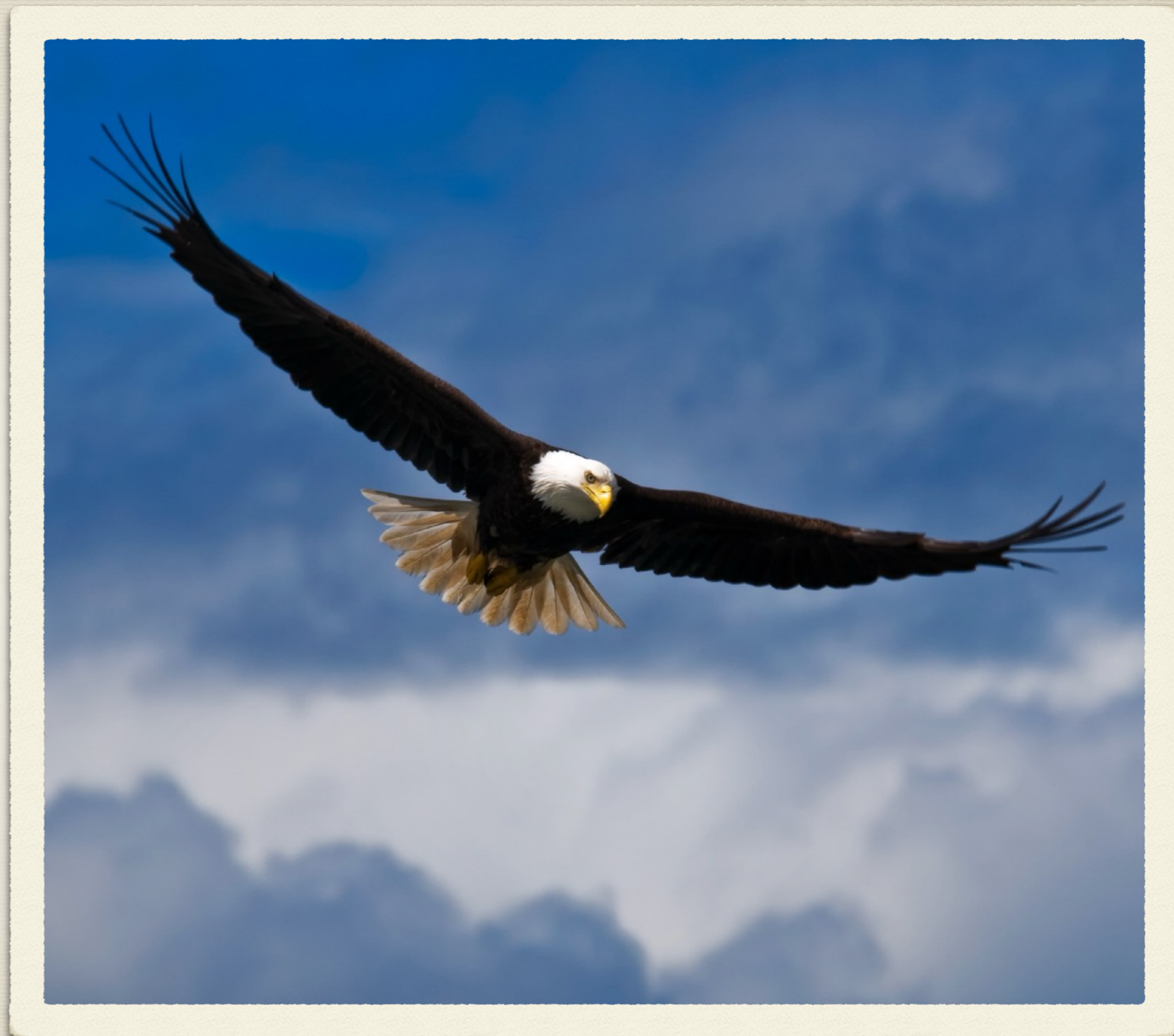
LuDa

And the Holy Spirit
through the prophet
Isaiah declares: “To
whom then will ye liken
God? or what likeness
will ye compare unto
Him? (*DA* 282.3)

Isaiah 40:18–28



He giveth power to the faint; And to *them that have* no might he increaseth strength. Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the LORD shall renew *their* strength; they shall mount up with wings as eagles; they shall run, and not be weary; *and* they shall walk, and not faint. (Isaiah 40:29-31)



“Look unto Me, and be ye saved, all the ends of the earth: for I am God, and there is none else.” **This is the message written in nature, which the Sabbath is appointed to keep in memory.** When the Lord bade Israel hallow His Sabbaths, He said, “They shall be a sign between Me and you, that ye may know that I am Jehovah your God.” Isaiah 45:22; Ezekiel 20:20, R. V. (*DA* 282.3)



He hath made the
earth by his power, he
hath established the
world by his wisdom,
and hath stretched
out the heavens by
his discretion.
(Jeremiah 10:12)



The Lord's Day

I was in the Spirit on the Lord's day, and heard
behind me a great voice, as of a trumpet,
(Revelation 1:10)

For the Son of man is Lord even of the sabbath
day. (Matthew 12:8)

No one is able to show that the Scriptures state
that the first day of the week is the Lord's day, but
there are numerous Scripture passages indicating
that the seventh day is the Lord's special day.

If thou turn away thy foot from the sabbath, *from* doing thy pleasure on my holy day . . . (Isaiah 58:13)

And God blessed the seventh day, and sanctified it . . . (Genesis 2:3)

But the seventh day *is* the sabbath of the Lord thy God . . .
(Exodus 20:10)

And hallow my sabbaths; and they shall be a sign between me and you, that ye may know that I *am* the Lord your God.
(Ezekiel 20:20)

Speak thou also unto the children of Israel, saying, Verily my sabbaths ye shall keep: for it *is* a sign between me and you throughout your generations; that *ye* may know that I *am* the Lord that doth sanctify you. (Exodus 31:13)

Therefore the Son of man is Lord also of
the sabbath. (Mark 2:28)



And he said unto them, The sabbath was made for man, and not man for the sabbath: (Mark 2:27)

- * For man—*SDA BC* states it means literally, “for the sake of.”
- * Man—*anthrōpos*—is not a term of gender but means a person or a human being—men, women, or children. In Mark 6:44, the word *men* is a different Greek word—*andres*, and it means adult males.

Not man for the sabbath. God did not create man because he had a Sabbath and needed someone to keep it. Rather, our Creator knew that man needed an opportunity for moral and spiritual growth, for character development. He needed time in which his own interests and pursuits should be subordinated to a study of the character and will of God as revealed in nature, and later, in revelation. The seventh-day Sabbath was ordained of God to meet this need.

The Sabbath was hallowed at the creation. As ordained for man, **it had its origin** when “the morning stars sang together, and all the sons of God shouted for joy.” Job 38:7. Peace brooded over the world; for earth was in harmony with heaven. “God saw everything that He had made, and, behold, it was very good;” and **He rested in the joy of His completed work.** Genesis 1:31. (*DA* 281.1)

When “the heavens and the earth were finished, and all the host of them” (Genesis 2:1), the Creator and all heavenly beings rejoiced in contemplation of the glorious scene. “The morning stars sang together, and all the sons of God shouted for joy.” Job 38:7.
(*DA* 769.2)

There were countless provisions in the *Mishna* concerning the observance of the Sabbath. Most commonly known is the so-called “sabbath day’s journey” of 2,000 cu.— somewhat less than $\frac{2}{3}$ mi. It was also counted as Sabbathbreaking to look in a mirror fixed to the wall or to light a candle. Yet the same regulations permitted an egg laid on the Sabbath to be sold to a Gentile, and a Gentile to be hired to light a candle or a fire. It was counted unlawful to expectorate upon the ground, lest thereby a blade of grass be irrigated. It was not permissible to carry a handkerchief on the Sabbath, unless one end of it be sewed to one’s garment—in which case it was no longer technically a handkerchief but part of the garment. Similarly the regulation concerning the distance one might walk on the Sabbath day could be circumvented by hiding portions of food at appropriate intervals along the way one expected to take, the place where one’s food reposed could be considered as another “home” of the owner. From each such cache of food it was then possible to take another Sabbath day’s journey, on to the next similar cache.

In the beginning the Father and the Son had rested upon the Sabbath after Their work of creation. When “the heavens and the earth were finished, and all the host of them” (Genesis 2:1), the Creator and all heavenly beings rejoiced in contemplation of the glorious scene. “The morning stars sang together, and all the sons of God shouted for joy.” Job 38:7. **Now Jesus rested** from the work of redemption; and though there was grief among those who loved Him on earth, yet there was joy in heaven. (*DA* 769.2)

Glorious to the eyes of heavenly beings was the promise of the future. A restored creation, a redeemed race, that having conquered sin could never fall,—this, the result to flow from Christ’s completed work, **God and angels saw.** With this scene the day upon which Jesus rested is forever linked. For “His work is perfect;” and “whatsoever God doeth, it shall be forever.” Deuteronomy 32:4; Ecclesiastes 3:14. When there shall be a “restitution of all things, which God hath spoken by the mouth of all His holy prophets since the world began” (Acts 3:21), the creation Sabbath, the day on which Jesus lay at rest in Joseph’s tomb, will still be a day of rest and rejoicing. Heaven and earth will unite in praise, as “from one Sabbath to another” (Isaiah 66:23) the nations of the saved shall bow in joyful worship to God and the Lamb. (*DA* 769.2)

At last Jesus was at rest. The long day of shame and torture was ended. As the last rays of the setting sun ushered in the Sabbath, the Son of God lay in quietude in Joseph's tomb. His work completed, His hands folded in peace, He rested through the sacred hours of the Sabbath day. (*DA* 769.1)

His Wondrous Works Are To Be Remembered.

Works of creation

Works of re-creation

The Sabbath calls our thoughts to nature, and brings us into communion with the Creator. In the song of the bird, the sighing of the trees, and the music of the sea, we still may hear His voice who talked with Adam in Eden in the cool of the day. And as we behold His power in nature we find comfort, for the word that created all things is that which speaks life to the soul. He “who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ.” 2 Corinthians 4:6. (*DA* 281.4)

A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh. And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do *them*. (Ezekiel 36:26–27)

John 9

Then they brought him before a council of the Pharisees. Again the man was asked how he had received his sight. “He said unto them, He put clay upon mine eyes, and I washed, and do see. Therefore said some of the Pharisees, This man is not of God, because He keepeth not the Sabbath day.” The

Pharisees hoped to make Jesus out to be a sinner, and therefore not the Messiah. **They knew not that it was He who had made the Sabbath and knew all its obligation, who had healed the blind man.** They appeared wonderfully zealous for the observance of the Sabbath, yet were planning murder on that very day. But many were greatly moved at hearing of this miracle, and were convicted that He who had opened the eyes of the blind was more than a common man.

(DA 472.1)