

# SABBATH COMMANDS

THE PREPARATION DAY

ON FRIDAY LET THE  
PREPARATION FOR THE SABBATH  
BE COMPLETED. SEE THAT ALL  
THE **CLOTHING** IS IN READINESS,  
AND THAT ALL THE **COOKING** IS  
DONE. LET THE **BOOTS** BE  
BLACKED, AND THE **BATHS** BE  
TAKEN. IT IS POSSIBLE TO DO  
THIS. IF YOU MAKE IT A RULE,  
YOU CAN DO IT. (CG 528.2)

THE SABBATH IS NOT TO BE GIVEN TO  
THE **REPAIRING** OF GARMENTS, TO THE  
**COOKING** OF FOOD, TO **PLEASURE**  
SEEKING, OR TO ANY OTHER WORLDLY  
**EMPLOYMENT. BEFORE** THE SETTING  
OF THE SUN, LET **ALL SECULAR WORK**  
BE LAID ASIDE, AND **ALL SECULAR**  
**PAPERS** BE PUT OUT OF SIGHT. (CG  
528.2)

**THERE IS ANOTHER WORK THAT SHOULD RECEIVE ATTENTION ON THE PREPARATION DAY. ON THIS DAY ALL DIFFERENCES BETWEEN BRETHREN, WHETHER IN THE FAMILY OR IN THE CHURCH, SHOULD BE PUT AWAY. (CG 528.5)**

ON FRIDAY THE CLOTHING OF  
THE CHILDREN IS TO BE  
LOOKED AFTER. DURING THE  
WEEK THEY SHOULD BE ALL  
LAID OUT BY THEIR OWN  
HANDS UNDER THE DIRECTION  
OF THE MOTHER, SO THAT THEY  
CAN **DRESS QUIETLY**, WITHOUT  
ANY **CONFUSION** OR **RUSHING**  
ABOUT AND **HASTY SPEECHES.**

**(CG 528.4)**

- **ALL CLOTHING IN READINESS**
- **ALL COOKING BE DONE**
- **SHOES CLEANED AND POLISHED**
- **BATHS TAKEN**
- **ALL SECULAR WORK LAID ASIDE**
- **ALL SECULAR PAPERS PUT OUT OF SIGHT**

■ NO LAST MINUTE REPAIRING OF GARMENTS

■ NO PLEASURE SEEKING

■ NO WORLDLY EMPLOYMENT

■ DRESS QUIETLY

■ NO CONFUSION

■ **NO RUSHING ABOUT**

■ **NO HASTY SPEECHES**

■ **ALL DIFFERENCES BETWEEN  
BRETHREN IN THE FAMILY AND IN  
THE CHURCH PUT AWAY**